

Vistancia Physical Education Grade 5-8 Supply List

All students in grades 5-8 will wear a Vistancia PE uniform for Physical Education. Dressing out enables students to participate to their highest potential and maintain optimal hygiene in the classroom. A Vistancia Physical Education Uniform can be purchased through the Vistancia Physical Education Department. Students are required to put their first and last name in the space provided on the uniform top and bottom. Students will need:

Money for PE Uniform \$18.00

T-shirt \$8.00 -- Shorts \$10.00

Athletic style tennis shoes - please label with student's name on the inside of both shoes

Socks

Combination lock (Keyed locks are not acceptable)

Hair ties if needed, brush/comb

Non-aerosol solid/stick deodorant NO SPRAYS PLEASE!!

Cash or checks—made out to Vistancia Elementary

NO GLASS ITEMS ARE ALLOWED IN THE LOCKER ROOMS!

Label all personal items and keep them locked up. Do not share your locker combination!

Students are expected to:

Come to class prepared, dressed out and ready to participate.

Participate in all activities.

Demonstrate sportsmanship, teamwork and cooperation skills necessary for success in physical activity

Respect yourself, others, and the property of Vistancia Elementary school.

You are responsible to make up missed work/time in PE. All make up work requires a parent signature.

Take medical excuses to the nurse's **office before school**.

Any time you come to school with an injury that limits your physical activity you must report to the nurse before school with a doctor's note.

Notes from parents/nurse are acceptable for a week.

Medical limitations longer than a week require a doctor's note.

If the doctor's note does not state the date you can begin regular activity, you will also need a doctor's release note allowing you to resume activity.

Complete student handbook can be found at:

<http://classroom.peoriaud.k12.az.us/sites/kbushaw/default.aspx>

<http://classroom.peoriaud.k12.az.us/sites/scushing/default.aspx>

